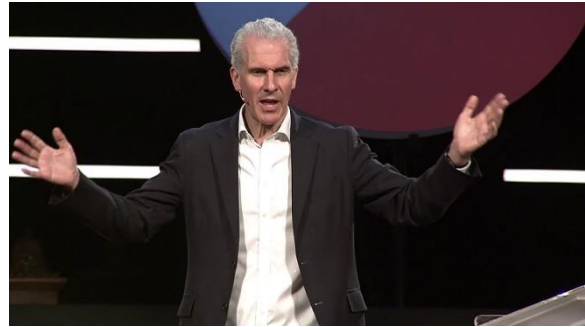


Wednesday 25 March

Nicky Gumbel's message from just over a week ago – here are the next two points he made, with some of my ideas as well.



### **3) Stay kind**

There is no need to stockpile, obviously! One amazing example of kindness he quoted was of some Chinese doctors who came to help in hospitals in Italy. If we don't stay kind, we become self-centred.

Remember the fruit of the Spirit in Galatians 5:

*... the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.*

If I do not allow the fruit of the Spirit to grow within me during a time of crisis, when am I really going to do business with God?

### **4) Stay united**

Across the world and across the UK we're fighting a common enemy. Despite having to stay physically apart from others, ordinary people are uniting in some remarkable ways.

As God's people, how do you think we can not only stay united but emerge stronger in our personal faith and stronger as a congregation?

#### Prayer:

Our heavenly Father, we ask you to pour out your Holy Spirit upon your people. We also remember and give thanks for all the health workers playing their vital role in caring for the sick. Amen.