

Thursday 26 March

Nicky Gumbel's message from just over a week ago – here are the last two points he made.



### **Stay connected**

We are isolated physically but don't isolate your soul. The Coronavirus is as much an attack on our minds as our bodies.

Ring round. Invite other people to enjoy a message of hope.

### **Stay confident**

Levels of fear are high because we are not in control. (But we never were in control, were we? We just thought we were in control!) Now we realise we are not in control.

So, who is in control? Do we believe Jesus is in the boat, that God is sovereign? This crisis is not a surprise to God. Isaiah 54: 17 tells us: *No weapon that is fashioned against you shall prosper.* When Jesus speaks to this storm, it will calm. The risen Christ is in control.

Prayer: Lord Jesus, help us to keep our eyes fixed on you. Help us to choose faith, not fear. Thank you that we can call upon your holy name. Amen